



# 1 in 31\*

Children **Diagnosed** with a **disorder** we know little about.

It's Autism Spectrum Disorder (ASD)

Let's know more at: [www.autismalliance.in](http://www.autismalliance.in)



## What is Autism?

Autism is a neurodevelopmental disorder that has a broad range of conditions falling under autism spectrum disorder. Common characteristics of autism include repetitive behaviors, delayed language development, communication deficit, and challenges with social skills.

# Red Flags for AUTISM



## Screening Checklist

The symptoms listed here can also be seen in typically developing children from time to time. However, if a child is showing several of these symptoms together, it is important to seek professional consultation. Having a few symptoms does not necessarily mean the child has autism, but any concern no matter how mild can benefit greatly from proper assessment, guidance, and training. It is an established fact that The earlier remedial training is started, the better all the chances of improvement.

- Speech delay or need-based talking only
- Dragging someone's hand instead of pointing to ask for things
- Prefers playing alone; doesn't mix up with other kids
- Often doesn't respond to name
- Poor eye contact
- Very stubborn or shows high aggression
- Smells food or objects before using them
- Overly active; can not sit still
- Excessive hand-flapping, jumping, or spinning when excited
- Lines up toys or spins wheels instead of playing normally
- Licks, chews, or mouths toys and objects
- Walks on toes
- Frequently covers ears with hands
- Repeats words or phrases (Echolalia)
- Seems less mature than peers

Children with Autism Spectrum Disorder (ASD) may exhibit some of the stimming or stereotypical behaviours listed below

Flapping hands

Wiggling fingers

Licking or chewing objects

Lining-up of toys

Banging objects to hear the sound

Spinning or Rocking back & forth

Clenching fists or clapping

Placing hands over their ears

Eye mannerisms

Touching different textures

Twirling or tapping objects

Smelling objects

Walking on toes

Repeating words or phrases

If there is an obvious visible pattern with many of these symptoms, don't ignore it. Get your child screened.

**Early identification & intervention helps a lot!**



## THE AUTISM ALLIANCE MODEL

At Autism Alliance, intervention follows a structured, interdisciplinary, and parent-inclusive approach. Our belief is simple but powerful: when parents are empowered, children make greater, lasting progress.

From the very first consultation to long-term support, we walk alongside families - building skills, confidence, and brighter futures together.



### 1. INITIAL CONSULTATION & SCREENING

- Developmental screening & observation
- Parent guidance on the child's profile
- Understanding the importance of early intervention
- Enrolment into our 3-Month Parent Training Program

### 2. DETAILED ASSESSMENT

- Psychometric & developmental evaluation within the first two weeks
- In-depth understanding of strengths, challenges & support needs
- Creation of a personalized intervention plan with long-term, short-term, and micro-level goals

### 3. THE 1:1:1 PARENT IMMERSION MODEL (Therapist: Child: Parent)

- Parents observe, learn, and participate in real-time
- Therapists guide, support, and implement
- Together, we build skills that last beyond the therapy room

### 4. AN INTERDISCIPLINARY APPROACH

Our integrated team works together to support every area of development.

- Occupational Therapy
- Behavior Therapy
- Speech Therapy
- Special Education

### 5. PROGRESS MONITORING & REVIEW

- Weekly internal team reviews
- Progress tracking across goals
- Plans refined as needed to ensure steady growth

### 6. THE 3-MONTH STRUCTURED CYCLE

- A complete cycle of therapy + parent training
- Comprehensive review of child progress & parent confidence
- Transition to structured online support for home-based intervention, or continue in-center with advanced training
- Ongoing guidance until parents feel fully confident

## Where therapy and parent training *work together.*

Probably the *only center in the region* with such an *extensive team of highly qualified professionals*



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#### Speech Therapists



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# Autism Alliance

Parents First. Always.



Remedial & Parent Training Centre For Special Needs Children



**AUTISM ALLIANCE**

**SPEECH THERAPY**

**OCCUPATIONAL  
THERAPY**

**SPECIAL  
EDUCATION**

**BEHAVIOR THERAPY**

**PARENT TRAINING**

